# Improving Air Quality in Your Home

#### Quick Facts...

- Research has found that in homes across America, the quality of indoor air can be worse than outdoor air.
- Problems can arise from moisture, insects, pets, appliances, radon, shipping materials used in household products and furnishings, smoke, and other sources.
- Effects range from minor annoyances to major health risks.
- Remedies include ventilation, cleaning, moisture control, inspections, and following manufacturers' directions when using appliances and products.

#### **CHANGE HVAC Filters Regularly:** There is nothing EASIER & More Cost Effective Than Regularly Changing the HVAC Filters in Your Home for CLEAN AIR

Changing AC & furnace air filters in your home is probably the easiest and most effective way to have clean air in your home. I see MANY dirty air filters in homes that I show to prospective homebuyers (both homes in need of overall repair and otherwise nice homes). I highly recommend buying premium filters. An electrostatic air filter with a MERV (Minimum Efficiency Reporting Value) rating of 11 or higher better protects your inside living environment and your HVAC equipment. A MERV number is used to help compare filters. The MERV efficiency rating is the filters ability to capture specific micron sized particles. A higher MERV rating indicates a better performing filter. A typcial \$1 fiberglass filter will have a MERV rating of 1 or so. **Be sure** to **change your filter at the end of each quarter**.

### I buy my high quality (12 MERV) home air filters from: NordicPure

NordicPure offers FREE & fast shipping. Most orders require a minimum order of 6 filters (I usually buy 12 at a time). You also get direct from the manufacturer pricing: My filters (size 20x25) came in at about \$8.83 each compared to Filtrete filters that ranged from \$13.88 to \$19.38 each at WalMart (Dec. 2009).

## Buy Your Filters Online: <u>www.nordicpure.com?449600</u>



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Air Filters Web Page: <u>melcoker.com/filters.html</u>

